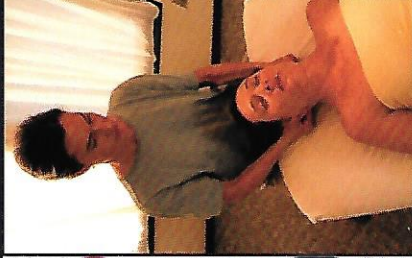
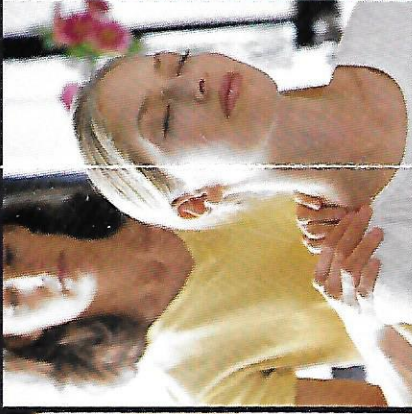


# Reiki Classes



## Reiki I and II

Prior to the weekend class, you will schedule and receive a private Reiki session experience with the Instructor.

Reiki I and II are taught together during a weekend intensive which includes :

Reiki I and II Attunements, Hand Positions, Symbols

Extensive hands-on practice giving and receiving complete Reiki treatments

Japanese Reiki Techniques as taught by Dr. Usui :

- Gassho meditation
- Reiji-ho - developing your intuition
- Byosen Scanning - detecting where Reiki is needed
- Gyoshi ho - sending Reiki with the eyes
- Koki ho - using the breath to send Reiki
- Ken'yoku - dry bathing or clearing ones energy field
- Jacki-kiri Joka-ho , clearing objects of negative energy
- Hayashi Healing Guide Using Reiki for specific conditions

Using Reiki to heal unwanted habits, distant healing, self treatments

Ongoing mentoring and follow up support

ICRT Handbook and Certificate  
(International Center for Reiki Training)

## Advanced Reiki Training

Advanced ICRT Reiki Training - 1 day intensive :

The Usui Master attunement and Master Symbol which increase the strength of your Reiki energy

Reiki meditation that strengthens the mind & expands consciousness

Advanced techniques for using Reiki to solve problems and achieve goals.

The use of crystals and stones with Reiki

How to make a Reiki grid that will continue to send Reiki to yourself and others after it is charged

Reiki aura clearing that allows you to remove negative energy from yourself and others and send it to the light for transformation.

A guided meditation that introduces you to your Reiki guides wherein you receive healing and information

Required prior to Reiki III / Master / Teacher class



## Reiki III / Master / Teacher

Reiki III / Master / Teacher - 2 day intensive :

Complete Reiki III Usui/Tibetan Master attunement

Instruction on how to give Reiki attunements for Reiki I&II, ART and full Usui/Tibetan Reiki Master

The Healing Attunement and Violet Breath as described on page I-13 of "Reiki, The Healing Touch"

Two Tibetan symbols are given for a total of six

Lots of practice time doing attunements

How to give yourself attunements

Advanced Reiki meditation that harmonizes the energy of the chakras

Values, spiritual orientation of a true Reiki Master

A class manual is included that gives detailed steps for giving all the attunements

This class is a powerful healing experience.

